CRAZE IS DANGEROUS THERE ARE OTHERS. Bill Lange Not the Only Player to

Youngsters Should Not Attempt Marathon Running.

Strenuousness of Sport Too Much for Undeveloped Athlete-Serious Results Often Follow - Thorough Preparation for Distance Runs,

athletes in the world, has come out with a warning to youngsters who have the Marathon craze, says Bob Edgren, in the New York World.

Murphy thinks that a race like the Marathon, which is a strain for any fully developed athlete, is a little too strenuous for a boy or for any man who hasn't time to train properly for it. No man should run distance races, Mike says, unless he has plenty of time to run an hour or two a day and to sleep and rest long enough to recuperate entirely-two things that don't go together for any school oy or any man in business. He thinks the Marathon running will injure a lot of boys and young men who would St. Mary's baseball schedule for the 1909 otherwise make their mark in shorter

And Mike is right. Every so-called "Marathon" run around New York this winter has shown the wisdom of his belief. I am glad to note that in the Marathen run in the Fourteenth Regiment, games recently, every runner had to be examined thoroughly by a physician before he could start. If any runners showed up with weak hearts or other physical soft spots their entries were rescinded. This is a result of the many collapses in the last Sea Gate Marathon. Requires Training.

It requires long and hard training to fit a man for Marathon. Anybody might cover twenty-six miles at an easy pace. but to go out and run hard all the way is a different matter. It's a strain for the best of them.

When the champions from all the countries of the world met in the real Marathon at Athens two years ago, a ma jority of them fell on the road. Some had to be brought back in automobiles. There was a hospital tent at the Stadium, with corps of doctors, and they had a busy

The Greeks boast that two of their countrymen died-one while training for the race and one after it. They point to this as an indication of patriotism, for the Greeks count the winning of the Marathon as one of the world's greatest Marathon as one of the world's greatest lodies. Second heat—Won by Richard Heniman, Carlisle Indian School; H. K. Parsons, unattached, second; C. C. Slanow, Central High School, third. Time, honors-one that any country may be proud of. The victory of Loues, of Greece, twelve years ago, made him as Sanderson, Tansil, and Jackson); Preston University famous among his countrymen as the de-School, second; Emerson Institute, third. Time. fender of Thermopylae's Pass.

Fishiting Clubs Will Be Provided with Transportation and Excellent Accommodations.

Relay race—Wen by District National Guards (Gidenia, Esmahss, Bopp, Demnis); Fifth Regiment, Relationary second, Time, 23-35. — Wen by District National Guards (Gidenia, Esmahss, Bopp, Demnis); Fifth Regiment, Relationary second, Time, 23-35. — Wen by Compr. Princeton; J. McGottey, Fortham, expedit. Indian Head, Md, March 5. Picease be kind enough to put the follow of the State of the State of the State of the Running.

The Indian Head Asseall Club (Nava) Frinceton, Gardenia, State of the Running.

The Indian Head Reseall Club (Nava) Fifth Research Proving Ground, Indian Head, Md.) has organized for the season, and is ready to granuage ground, Indian Head, Md.) has organized for the season, and is ready to granuage ground, Indian Head, Md.) has organized for the season, and is ready to granuage ground, Indian Head, Md.) has organized for the season, and is ready to granuage ground, and everyfully. There will be new material and more districted in the strong and the season of the Running.

The Indian Head and a season of the season of the State of th ask Indian Head central for "manager." GEORGE J. HEID. Yours truly,

Quit in His Prime.

The story is going the rounds that Bill Lange, the great Chicago center fielder, was the only player that quit the game in his prime and stuck to his threat never to play baseball professionally again. How about Mike Griffin, who refused to report to St. Louis when sold by Brook-MIKE MURPHY GIVES ADVICE lyn unless he was handed a piece of the purchase money? How about Pitcher Lewis, one of the best flingers that Boston has had in the last decade? How about Dr. McJames, who quit the Brooklyn club to become a surgeon in the Uited States army? Griffin and McJames Training Is Essential-Methods of gomery Ward, who still had several years of baseball left in him when he quit to take up the practice of law?

Mike Murphy, the greatest trainer of SEASON WILL OPEN APRIL 2

Manager Devine Announces Mount St. Mary's Schedule.

Leading College Baseball Teams of the East on Emmitsburg Nine's List-M. A. C. Booked.

Emmitsburg, Md., March 6.-Manager Frank L. Devine to-day announced Mount

The team is hard at work under the direction of Coach Connelly. The men give promise of producing one of the fastest teams that has ever represented the

The schedule follows: April 2—Albright College, at home.

April 6—Atlantic Medical College, at home.

April 13—University of Maryland, at home.

April 16—Bucknell University, at home.

April 16—Bucknell University, at home. April 21-Catholic University, at home

April 24—Western Maryland College, at home. April 25—Villanova College, at home. April 25—Maryland Medical College, at home. May 1—Western Maryland College, at Westminster May 1—Westminster Mayand Conege, at westminster May 17—Washington College, at home.
May 18—Loyola College, at home.
May 19—Eastern College, at home.
May 19—Revenue Cutter School, at Arundel Cove.
May 21—Franklin and Marshall College, at home.
May 22—Carlisle Indiana, at home.

May 22-Carlisle Indians, at home, May 29—Delaware College, at home.
June 5—Baltimore City College, at home.
June 14—New Oxford (Pa.), at home.
June 15—Mount Washington Club, at home.

PRINCETON WINS THE CUP TROPHY

Continued from Page One.

steep and penty to eat, practice runs a little shorter and slower than the race itself, and warm clothing during and after work, and warm clothing during and after work, and warm clothing during and after work. 1,500-meter run, open handleap-Won by McGee,

INDIAN HEAD TEAM IN LINE

INDIAN HEAD TEAM IN LINE

I 1500-meter run, open handleap—Won by McGee, Princeton, scratch, Richmend Bryant, 50 yards, second; Lerry France, Princeton, scratch, third; M. McArdie, D. A. C., 62 yards, fourth. Time, 4:22.

Relay race—Won by Advent A. C. (Weytych, Kemper, Hall, Micheal); Tremont A. C., second; Gurley A. C., third. Time, 3:25.

Relay race—Won by Baltimore City College; Eta Alpha Gamma, second. Time, 2:41 3:5.

Relay race—Won by Baltimore City College; Bureau, second; Cleveland A. C., third. Time, 3:52 3:5.

Relay race—Won by Baltimore City College; Bureau, second; Cleveland A. C., third. Time, 3:52 3:5.

Relay race—Won by Baltimore City College; Bureau, second; Cleveland A. C., third. Time, 3:52 3:5.

Relay race—Won by Baltimore City College; Bureau, second; Cleveland A. C., third. Time, 3:52 3:5.

Relay race—Won by Baltimore City College; Bureau, second; George Lancaster, Central High School; Carl Dill, Brown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Georgetown Prep School, second; George Lancaster, Central High School, third; Ed Heiskell, Ge

Relay race; Southern championship—Won by University of Virginia (Goodwin, Wiltshire, Thurlow, and Stanton); Georgetown University (Boernstein, Smith, Gibbs, and Martin), second. Time, 3:081-5.

ORIOLE BOWLERS CHALLENGE Victorias, of Baltimore, Are After Washington Scalp. The Victoria duckpin team, of Balti-

> ten games, home and home series, total pins to count, with any team in Wash-For particulars address Charles T. France, manager, Victoria Bowling Alleys, 415 East Baltimore street, Balti-

more, would like to arrange a match of

Williams Wins Championship. Williamstown, Mass.; March 6 .- By winning all four of its games in the New England intercollegiate series, Williams has again secured the championship of that league. The last of these games was played here to-day, Brown being beaten,

Harvard Fencers Begten. West Point, N. Y., March 6.-In the fencing tournament held here to-day with Harvard, the Cadets won seven out of

TRIO OF CLEVER WASHINGTON PLAYERS.







BILL SHIPKE.

BALDWIN TOOK HIS JOB AND STUCK. AND STILL THEY CALL HIM "LUCKY"

I didn't begin with askings,
I took my job and I stuck;
And I took the chance they wouldn't,

And now they're calling it luck.
-Rudyard Kipling. When Elias Jackson Baldwin went to Southern California its history was yet to be made. The northern portion of the State was world-famed for its gold mines; of Southern California little was known. The impression had gone abroad that Southern California was a desert waste. This man helped to correct this error. It took years and an unlimited faith in the resources of the country. "Lucky' Baldwin has had both.

Elias Jackson Baldwin was born in Butler County, Ohlo, April 3, 1828. When he was twenty-one years old, having accumulated a small fortune by shrewd speculation and daning investment, the world was rocked by the story of great gold discoveries in California. With a forethought which has marked every im-Keep Body Warm.

In training for the last Marathon, the Greeks went out and ran their heads off School, second; Technical High School, third, Time, School, third, Time, School, second; Technical High School, third, Time, School, third, Time, School, second; Technical High School, second; Technical High School, third, Time, School, second; Technical High School, second; Technical High School, third, Time, School, second; Technical High School, se mey, Hale, Williams, and Frank); Mercury Ath-Great Salt Lake Valley it came to a ground.

trained schoolboy.

The collapse of Dorando in London and sagain in Madison Square Garden, New York, shows how great the strain is. Dorando was a well-trained runner, and has no trouble at all in speeding fifteen or twenty miles.

Murphy says: "in training during the fall and winter months, be careful to keep the body and the throat warm and well prefected. Running out of work and soft most of the cramps that long-distance runners as of most of the cramps that long-distance runners and sleep and penty to eat, practice runs a

| Remy Fixed-won by Forcemae Antherist cline, which was a fight all the way, and in the Great Sait Lake Valley it came to a question of hand-to-hand fighting. Bald-win having seemed, hand the others withdrew. The purchaser kept out of sight under ground.

| Remy Fixed-won by Forcemae Antherist cline, which were the days of cup racing-product the days of cup racing-product the west of the West. The purchaser kept out of sight under ground.

| Remy Fixed-won by Forcemae Antherist cline, which were the days of cup racing-product the days of cup racing-product the west of the west. Such went were withdrew. The purchaser kept out of sight under ground.

| Remy Fixed-won and Fixed-line (line, willian), at Baldwin's agents went everywhere. They had orders to buy Ophir—buy-all of it. The purchaser kept out of sight under on which, having secured the controlling interest in the mine, and the controlling interest in the mi

were worth millions before lunch. to force his way into this Golconda and craze with \$20,000,000.

"LUCKY" BALDWIN. Eighty-one years old.

Born on a farm six miles outside of Hamilton, Ill. Lived like a Spanish don on his estate near Los Angeles, Cal. Went to San Francisco in 1853. Won the American Derby four

Left an estate valued at \$25,-

stock properties. A clique of miners and bankers of San Francisco sought its con-

the rats were leaving a sinking shipt One man was quietly accumulating It was not because of his money that Ophir stock—Ellas J. Baldwin. He heard "Lucky" Baldwin became a horseman.

VICTOR OVER LOWE!

thoroughbred. other tract in San Francisquita; another emy, at Front Royal, and Taylor, of the in Merced County; another in the city of University of Kentucky, being the most Los Angeles. Then he built the great Baldwin Hotel in San Francisco and Inords at these institutions. vested in land near Lake Tahoe. Nothing escaped him.

trol. By means of lying rumors and his ranch near Los Angeles, that Mr. last year's scrubs are Hall and Sylvester. Baldwin turned his attention to breeding A new feature of this year's schedule thoroughbred horses. At that time Kenis the large number of home games. Mantucky was sansfered the supply State in Parles horses to surenge two sames Ophir stock. Many of them were heavy stockholders in the mine. To give the thing the outward appearance of real thing the panic, these men threw great blocks of the Blue Grass State had no advantages team to be played in Blacksburg and the will doubtless be pressed into service, fill-Ophir stock on the market. Outwardly, over California, and started out to prove other in Lexingto

his theory.

It was not because of his money that Greeks went out and ran their heads on day after day. In the race they found the leaders cutting out a pace faster than they had ever known. They hung on, were run off their feet, and fell exhausted one by one. This is hard work for a trained man, not to mention a half-trained schoolboy.

Algo:

Accord: A

other ways to make money and he made it. But all the time he had his eye open for the main chance. It came with the hays of the great Comstock lode at Virginia City. Men were becoming millionaires over night; it was the wildest time the West has ever known.

Men who were poor at breakfast time were worth millions before lunch.

Went worth millions before lunch.

Went up like a rocket; Baldwin came out of the deal with his first great fortune—\$2,000,000.

This was his real beginning as a power in the West. A hard man to deal with, so said those who tried to beat him on business deals. The men, who claimed that Baldwin dealt unfairly were the were worth millions before lunch. were worth millions before lunch.

It is needless to say that this did not escape Baldwin's eye. He determined late. He emerged from the Comstock have been successful, it is because I have been willing to back my own judgment his shrewd brain was not long in finding the way.

When mining settled down on a steady basis Baldwin turned back to the soil.

The Ophir mine was one of the ComHe had been born on a farm; his father luck once and for all.



SOLDIER BURNS, Baltimore light-weight, who had no difficulty in pointing local boxer last week.

RAYMOND MISQUOTED.

A New York paper quotes "Bugs" Raymond, the pitcher who is said to have "Rube" Waddell beaten to a frazzle ineccentric ways, as follows:

"If I may be pardoned for my egotism, I think that if I keep straight there isn't a pitcher in the country that has anything on me, and this time I'm going to be good for sure and you'll see some record parforms. sure and you'll see some record performances. I have never really tried my best all the time before, but row I have the greatest opportunity that was ever presented me in my life, and you bet I'll take advantage of it."

Here is what he probably said: "Say, youse may think I have the reall-dependent of the probably said: "Say, youse may may think I have the reall-dependent.

youse guys may think I have the swelled head, but I wanter tell you that if I leave the suds alone I'll make those other mutts look like amachoores. I'm going to cut out the red eye and scubrettes this time, and say, that's no phoney spiel. I'm on the level with this guff, and yer will see me make Murphy's gang look like selling platers. And dat goes, cull."

SNAKE CATCHES BASEBALL

Lariat Thrower. How Joe O'Brien Landed Job on Richmond Club, According to Jim Gilman.

long, lean, rakish fellow came to me one day and applied for a job on my nine. "'Who are you?' I asked. "'Me? I'm Lariat-throwing

O'Brien,' he said, as if astonished because I didn't know him. "'What's lariat-throwing got to do with baseball?" I sneered, trying to move away.

and then he told me his story.

"Tm a ball player by profession and a print the fight to go to either Sydney or Melical thrower by birth, said Joe O'Brien.

"Will try to match them for a \$50,600 purse, the fight to go to either Sydney or Melical thrower by birth, said Joe O'Brien.

"Which you going to hook on to me Cap?" he asked; 'ball or can?" lariat-thrower by birth, said Joe O'Brien. bourne. 'My father and grandfather made their living roping horses and cattle on the plains. When I was fifteen years old I could whirl a lariat over the horns of cow or bull as well as the best of them.'
"Jake Wells, my star catcher, came in at this time and heard the rest of O'Brien's story, heard it and believed it, for our old ball park in Richmond was a regular sunning place for snakes.
"'One day,' O'Brien went on, 'I was playing center field at El Paso, Tex. The outfield was almost alive with black-

them were big enough to swallow a bird or a bunny at one gulp, but they were perfectly harmless, and showed no resentment when I accidentally trod on "In the ninth inning, with a man on third and two out, the man at bat hit

snakes. I stepped on at least a dozen while I was chacing the ball. Many of

the ball far over my head. I ran back to where it rolled just in time to see it disappearing between the jaws of one of the largest and most beautiful blacksnakes I had ever seen. "There was no time to try to rescue the ball, and so I selzed the reptile by

his wriggling tail. All my old lariat-throwing instinct came back to me like a flash. I swung the snake around my head two or three times to get up speed, and then, with great advoitness, straight-ened him out with a sudden snap, his head aimed toward the plate. 'Swifter and straighter than I could

possibly have thrown it the ball shot

across the field, straight into the catcher's mitt, and the runner was out by just a step. Do I get a job?

"Yes, says I, you do," and the baseball records for 1894 will tell you that
lariat-throwing Joe O'Brien was the best
outfielder the fans of Richmond ever ap-

BOCOCK FOR V. P. I.

Former Georgetown Athlete May Coach Virginia Football Eleven. Rumors emanating from the Virginia Polytechnical Institute declare that Jim- Technical Captain Will Issue my Bocock, the former Georgetown athlete and until recently athletic coach at the University of Georgia, will be in charge of the Tech football team next

While nothing definite has yet mate- NEW MATERIAL LOOKS GOOD rialized, it is understood that Hodgson. the former Georgetown guard and captain of the Tech eleven next season, is very strong for the old Blue and Gray captain leclaring that his selection as coac would prove a source of delight to himself as well as many other of the mem bers of the V. P. I. team. Gus Brown the Princeton veteran, had charge of the Virginians last season, but has decided to coach the Colgate gridiron stars next year, hence the vacancy.

Programme Booked.

Many of Last Year's Players in School-Large Influx of New Material.

Special to The Washington Herald.

four more will be added. candidates in shape. At first base there reputation of last year's outfit. will be quite a number of the try-out, was a farmer. He inherited his love for husbandry. Not caring for the northern among them Stoneburner, of last year's spencer, center field; Kelly, shortstop; and central portion of the State, Bald-scrubs; Steele, from Emory and Henry Lynch, third base, and Gray, pitcher, are

Gabriel valley, fifteen miles from Los
Angeles. The tract he named "El Santa
Anita Ranch." It became famous the
world over as the home of the Western

Hand in San
For second base Lee, formerly captain,
will no doubt be the winner. Third base
will be cared for by Kenner, one of last
year's men, while there are quite a number of applicants for the short field posl-Porty-two thousand acres were not tion, Hurt, of Bethany College, W. Va., enough for this man. He bought an and Legge, of the Randolph-Macon Acad-

For the outfield there will be quite a large number. Gillups and Fugua, of the again be looked to for the Manual Train-It was in 1872, after he had moved to 1908 team, are in college, and among the

> The schedule follows: April 2-Roanoke College, at So April 3—Reanoke League, at Reanoke. April 3—St. John's (Aunapolis), at Blacksburg. April 12—Y. M. L., at Reanoke. April 16—Hampden-Sidney, at Blacksburg. April 24—Banper-College, at Blacksburg.
> April 25—William and Mary, at Blacksburg.
> April 24—V. M. L., at Blacksburg.
> May 3—Milligan College, at Blacksburg.
> May 4—Milligan College, at Blacksburg.
> May 4—Milligan College, at Blacksburg.

May "-Clemson College (South Carolina), at and should be useful in the outer gardens

Nelson May Meet Owen Moran-Me-Intosh Coming with Fight Ple-

tures-After Another Battle. New York, March 6.-In refusing to say a minor league manager. by the belief that the new heavy-weight do his level best work when he was

Fortunately the Outfielder Was Fine may himself suffer a crushing defeat at latest. "He broke training, he ignored the hands of Sam Langford when they orders, and he gave no heed to signals clash in a twenty-round fight at the Na-tional Sporting Club, London, on May 24. Jeffries regards Langford as a phenomenal fighter for his size and weight. He also has the style of Joe Walcott. He name was Ed Goldman-T am afraid. stands five feet seven inches in his stock- have to hook the tin can to you.

Charles J. Harvey, who manages the affairs of Owen Moran, said to-day that if the latter beats Tommy Murphy at the the sixth with the bases full and two out. "When I was captain and manager of Fairmount Athletic Club on March 10, the

> Eairmount on Tuesday night, says he is confident of winning, and that in such an not be extracted. event he will challenge Abe Attell to box him at 122 pounds, ringside.

"What's lariat-throwing got to do ith baseball?" I sneered, trying to move way.

Hugh McIntosh, who managed the Johnson-Burns mill, leaves to-morrow for this city with the pictures of the battle. W. unless you're playing in a snake country like this, he replied, soft and gentle like; rights. McIntosh says he will have a talk with Jeffries and Johnson while here, and can, plilled out the ball, and tossed both

START SEASON SOON

First Call Next Week.

With Only Four Veterans as a Nucleus, Coaches Will Be Severely Taxed to Develop Players to Fill Other Vacancies-Falconer, Kelly, Morris, and Offut Are Promising.

Capt. Gray, of the Technical High TECH ISSUES ITS SCHEDULE school baseball team, will issue the first call for candidates to report some School baseball team, will issue the first time next week, beginning outdoor work immediately afterward. The action of the Tech leader in ignoring preliminary Virginia Collegians Have Excellent indoor practice has caused much comment among the athletes at the other schools, and the progress of the Manual Trainers will be watched with interest, On paper the Tech crew is far from being the aggregation which represented the Maroon and Gray on the diamond last season, and, incidentally, came off with the premier honors. With but four experienced men as a nucleus, it is up to the captain to develop players for the Blacksburg, Va., March 6.-The 1909 other positions from the vast amount of aseball schedule, as given out by Man- good material which is at hand. Already ager Bowles this morning, contains the lifteen have handed in their names to largest number of home games of any Capt. Gray, and it is expected that many schedule for years. At present twelve more will follow when the first call is games have been arranged, and at least made. From among those who have already reported there are several who The infield this year will be a strong have had several years' experience on one from the present outlook. Capt. Aus- the sand lots of the city, and, taken as tin will be behind the bat. As yet the a squad, those who are in charge of the pitchers are unknown quantities, there be- aggregation feel confident that by the ing none of the old men back in college, time the season opens the Manual Trainbut Coach Brown is fast getting the new ers will be in fit shape to uphold the

Veterans Are Few.

win came to Southern California and College, and Hobbie, from the Roanoke the only men on the Tech list who have had experience on the blad experience of the bl had experience on the high school field. All four of these players should be fix-

tures this year. Kelly showed great promise last seaso being considered one of the best infield men developed, and with the previous campaign in his stead should go even better this year. Gray has for the past two years pitched the Technical crew into the championship of the league, and from the present outlook it seems that he may ers' position at the final accounting. Each year this twirler has showed marked improvement, and the time is now ripe for

ing the vacant position at the initial sack, Gill and King are the other infield candidates, and from present indications one or

the other of the pair will cover second.

Battery Is Strong. Edwards and Wilson are the only other men to report so far for the outfield positions. These men, while new at the diamond game, showed great promise as mbers of the second team last spring

during the coming campaign The Tech team seems to have a corner of high-class battery material. While there is but little doubt that Gary, the captain, will again be found on the ound, the candidates who have signified their intention of trying out for the rifle line positions should be exceptionally useful in the preliminary contests, as well as Jeff Picks Boston Scrapper to Defeat

McCarthy, C. Offut, and Morris, catchers, and M. Offut and Craft, pitchers, are the men upon whom the pitching responsibili-

REALLY WAS GOOD.

Threat of Tin Can Often Makes a Big Difference.

Jimmy Gilman is telling of some startling experiences he has had in baseball as whether he will fight Johnson or not, "I had a player down in the Southern Jeffries appears to be partially influenced League a few years ago who would only

champion, who won the title from Burns, threatened with the tin can," is Jimmy's player could be. "'Goldman,' I said to him one day-his

"What's that?" he asked, bewildered. "'You'll find out if you don't obey orders,' I replied.

"That very after

'Hook one, I said. He did. He drove the Richmond, Va., team in 1894," says Briton will be ready to make a match for the ball away out to right, and four runs the Richmond, Va., team in 1894," says Briton will be ready to make a match for the ball away out to right, and four runs.

Jimmy Gilman, who is well remembered ten round with Battling Nelson at 133 —one mare than we eventually needed to win—came cantering over the plate. "The ball he hit bounded far over the Patsy (Boye) Driscoll, the Irish wather-weight, who will meet Frankle Nell at the heap of rubbish. When the visiting right fielder had found it the ball had buried

itself in an old wax bean can, and could "Nothing daunted, the right fielder hurled the can and all to second base,

"IN THE GOOD OLD WINTER TIME."

(Companion piece de resistance to once famous, but now moth-eaten ballade.)

A sad fan sat one day at a table small and round, Soaking up each kind of liquid which in that place could be found; He had forty-seven chances, and he never fumbled one. Catching sixteen sparkling highballs ere he scored his first home run; While sitting at the table he began to read the dope, Which depleted every manager in front up Pennant Slope; Put soon in dreamy fancy from the page he turned away, And to the nearby Barkeep these idle words did say;

In the good old winter time-the good old winter time; How swiftly from the bottom all these Taff-end people climb; They call each new recruit a neach, though he may be a lime-O how they nature fake us in the good old winter time,

The months rolled by and spring had come, and there, on Rooters' Row. The same fan sat with eyes ablaze and ruddy cheeks aglow; He saw the "Second Wagner" strike out four times in one game, While seven ghastly errors were chalked up against his name; He saw the "sterling slabman." who had starred at "Rural Falls," Yield nineteen massive bingles and a dozen base on balls-And then above the rattle and the racket of the fray, He softly hummed the chorus of that far-gone winter day:

In the good old winter time—the good old winter time-The scribe who called that guy a "star" should be pulled for a crime; Each January "peach" I've seen has turned into a "lime." O how they nature-faked us in the good old winter time.

GRANTLAND RICE.

Don't run more than half a mile when first starting out. Keep adding some each day until, after two weeks or so, you can go five miles. It is just as easy to run five miles as it is one, if you don't go too fast. Always run so that when you finish you feel as if you could have gone much farther.

HOW TO TRAIN FOR A MODIFIED

Never run until completely exhausted. Don't try for long strides, but run in the manner that comes easiest to you. Walking is good exercise when preparing for long distance runs. If you don't belong to any club, arrange your race when training so it will finish at your home, in order that you can remove your damp

MARATHON RACE OF TEN MILES

You don't require a bath every time you run. Once a week is plenty. Eat plenty of good food, but not much pastry. You ought to be in bed not later than 9 o'clock.

clothing and get a brisk rub with a towel.